

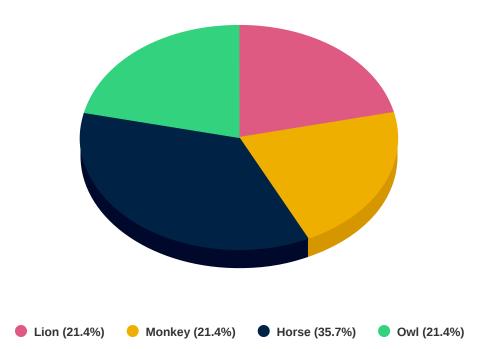
ANIMAL MAGIC PROFILE REPORT

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MAY 13, 2024 AT 11:45:46 AM

What Animal Type Are You?

The personality type you have the most in common with is **the HORSE personality type**.



Your highest score shows your preferred main animal personality type. The second highest is your guiding or qualifying animal personality type. What this means is that most days you will find yourself showing your primary animal type, but you also can "dip into" or "selectively access" your secondary animal type, too. It's helpful to pay attention to both your first and second animal personality types when going through the results. The first is most important, of course, but the second could provide useful insights.

The Animal Test is a simple, fun, and memorable personality test based off the work of psychologists Carl Jung, research from the B.E.S.T. (Bold-Expressive- Sympathetic-Technical) test, and Dr. William Marston's DiSC test that covers a similar grouping of four personality types -- D: Dominant, I: Influencer, S: Steady, and C: Compliant. Think of this Animal Test as a "Level 1" approach to personality and behavior when diving into the science and make-up of your inner self. Just keep in mind the resulting information should be **used as a guide to help you** improve your life based on the findings. It's short, simple, and fun. It's not meant to be a deep psychological assessment of your whole life.





HORSE

The "Harmony Seeker"

Low Assertive / High Emotionality

The Horse is people-orientated, loyal, friendly, hardworking and a great team player but tends to avoid change, confrontation, risk-taking and assertiveness.

Introduction

The Horse personality type, commonly referred to as the Steadiness personality type in traditional DISC psychology, is characterized by a set of distinctive traits, behaviors, and tendencies that shape an individual's approach to various aspects of life. Horses exhibit patience, loyalty, and a desire for stability. In this report, we will explore the key traits and characteristics associated with the Horse personality type, its strengths, and weaknesses, and the impact it has on interpersonal relationships and work environments.

Traits and Characteristics of the Horse Personality

- 1. **Patience**: Horses are known for their calm and patient nature. They can endure challenges and setbacks without becoming easily frustrated.
- 2. **Loyalty**: They value loyalty and commitment in both personal and professional relationships, often forming deep and long-lasting connections.
- 3. **Reliability**: Horses are highly reliable and can be counted on to fulfill their commitments and responsibilities.
- 4. **Consistency**: They prefer stability and consistency in their daily lives and work routines.
- 5. **Supportiveness**: Horses are supportive team members, willing to assist others and provide a helping hand.



Strengths of the Horse Personality

- 1. **Dependability**: Horses are exceptionally dependable, making them valuable assets in team environments.
- 2. **Conflict Resolution**: They excel in conflict resolution and maintaining harmony within a group.
- 3. Attention to Detail: Their consistent and patient nature helps them pay attention to important details.
- 4. Stability: Horses contribute to creating a stable and secure work environment.

Weaknesses of the Horse Personality

- 1. **Resistance to Change**: Their preference for stability can lead to resistance when faced with significant changes or uncertainty.
- 2. **Passivity**: Horses may sometimes struggle to assert themselves, leading to being overlooked in decision-making.
- 3. Avoidance of Risk: Their aversion to risk-taking can limit their ability to seize opportunities.
- 4. **Slower Decision-Making**: Their deliberate approach to decision-making can be perceived as slow in fast-paced environments.

What **MOTIVATES** you as a **Horse** personality?

... GET ALONG!

Easily said, you are motivated by safe and secure environments. You prefer perfect harmony in your team and will avoid conflict whenever possible. This will give you a feeling of relief and will only encourage you to keep up the good work!

Furthermore, you don't miss any opportunity to help the people around you. You embrace every chance you get and get fulfillment out of appreciation.

Your ultimate goal: Work hard to make other people happy!

Impact on relationships and work environments

In interpersonal relationships, Horses are often seen as dependable and supportive individuals. They form strong bonds and can offer stability in friendships and partnerships. However, their resistance to change may pose challenges in relationships that require adaptability.

In work environments, Horses excel in roles that demand reliability and consistency, such as project management, customer service, or administrative positions. They are instrumental in maintaining a harmonious workplace. However, they may struggle in highly dynamic, fast-paced roles that require rapid decision-making.



Collaboration tips for Horses working with other animal types:

1. Horse and Owl

- Common Traits: Horses and Owls both value stability, but they approach it differently. Horses seek consistency and reliability, while Owls emphasize detail-oriented work and precision.
- Tips for Collaboration:
 - Horses can offer a steady and supportive presence to help Owls manage stress.
 - Owls can provide structure and detailed plans to assist Horses in achieving long-term goals.
 - Finding a balance between stability and precision is crucial for successful collaboration.

2. Horse and Monkey

- Common Traits: Horses and Monkeys may seem different, but they share a desire for positive interactions. Horses value stability, while Monkeys bring enthusiasm and sociability.
- Tips for Collaboration:
 - Recognize and appreciate each other's strengths in creating a harmonious work environment.
 - Monkeys can bring energy and excitement to tasks, inspiring Horses to embrace change.
 - Horses can provide a calming influence, helping Monkeys stay focused on important tasks.

3. Horse and Lion

- Common Traits: Horses and Lions approach work with a commitment to achieving goals, but they have different leadership styles. Horses value collaboration and consistency, while Lions are assertive and action-oriented.
- Tips for Collaboration:
 - Horses can offer stability and loyalty in supporting the Lion's leadership initiatives.
 - Lions can guide Horses in making decisions more quickly and assertively.
 - Finding a balance between collaborative teamwork and assertive leadership is essential.

4. Horse and Horse

- Common Traits: When Horses collaborate with individuals of the same personality type, they often find themselves in situations that value stability and mutual support. These interactions can be highly harmonious and supportive.
- Tips for Collaboration:
 - Embrace the shared desire for stability and reliability in your collaborations.
 - Open communication is key to maintaining a positive and supportive work environment.
 - Leverage your shared commitment to teamwork for successful collaboration.

By recognizing the strengths and potential challenges when working with each animal type and following the provided tips, Horses can create harmonious and productive relationships in both personal and professional settings. Understanding and adapting to different personality types is essential for achieving success and fostering effective teamwork.



Possible pitfalls and useful tips

1. One of the biggest struggles for a Horse personality type is change. It can cause confusion but can occur totally unexpected.

Make sure you enhance your flexibility by working on different assignments regularly and remember to always expect the unexpected. Here is a quick video on <u>how to deal with change.</u>

2. Another possible pitfall is the tendency to say yes to everything. You want to help other people whenever you can, so you have a hard time saying no. If you take on too many commitments, you will not be able to get anything done yourself.

Saying no might offend the other person, but it is not necessarily bad! If you are interested in learning how to say no in a gentle way, we recommend you to take a look at <u>this video</u> from LinkedIn Learning on how to say no without alienating people.

3. You love the positive vibes all around you. You are capable of maintaining this positivity and spreading it in the workplace. Not everyone is like you, so people might criticize your vibe, work, or anything else. Your

natural reaction will be that you are going to take a closed attitude because of your sensitive personality.

See criticism as feedback. There are multiple ways to deal with this negative feedback and learn from it. Here's another <u>video</u> from LinkedIn Learning you might find useful.

4. In situations where you lack support or supervision, you might lose energy or willingness to keep giving your all.

Look for someone who can help you with setting up specific guidelines for your assignment(s). This could be someone in - or outside of your organization.

Conclusion

The Horse personality type, characterized by traits such as patience, loyalty, and reliability has its strengths and weaknesses. Understanding the impact of having a Horse personality type on your relationships and work environments can help you harness your qualities effectively and mitigate potential challenges.

Embracing your dependability and conflict resolution skills while being aware of your resistance to change can allow you to thrive in various aspects of life and contribute positively to your personal and professional circles.

